

**Leys Farm P.E Long Term Plan**

**Links to British Gymnastics and Steps to P.E**

**Cycle A 2021/2022 and Cycle B 2022/2023**

<b>Year 3</b>						
<b>Lesson</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Session 1 60 mins</b>	Gymnastics: Body Management	Dance: Interpretive	Gymnastics: Floor/Flight	Dance: Performance  OAA	Games: Tag Ruby	Games: Striking and Fielding
<b>Session 2 60 mins</b>	Games: Invasion	Athletics 1: Indoor	Games: Invasion 2	Games: Net/Wall	Athletics 2	Athletics 3

<b>Year 4</b>						
<b>Lesson</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Session 1 60 mins</b>	Gymnastics: Body Management	Dance: Interpretive	Gymnastics: Floor/Flight	Dance: Performance  OAA	Swimming	Games: Striking and Fielding
<b>Session 2 60 mins</b>	Games: Invasion	Athletics 1: Indoor	Games: Invasion 2	Games: Net/Wall	Athletics 2	Athletics 3

Year 5						
Lesson	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Session 1</b> <b>60 mins</b>	Gymnastics: Body Management	Dance: Interpretive	Gymnastics: Floor/Flight	Dance: Performance  OAA	Games: Striking and Fielding	Athletics 3  OAA
<b>Session 2</b> <b>60 mins</b>	Games: Invasion	Athletics 1: Indoor	Games: Invasion 2	Games: Net/Wall	Athletics 2	Games: Tag Rugby

Year 6						
Lesson	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Session 1</b> <b>60 mins</b>	Gymnastics: Body Management	Dance: Interpretive	Gymnastics: Floor/Flight	Dance: Performance  OAA	Games: Striking and Fielding	Athletics 3  OAA
<b>Session 2</b> <b>60 mins</b>	Games: Invasion	Athletics 1: Indoor	Games: Invasion 2	Games: Net/Wall	Athletics 2	Games: Tag Rugby