

Autumn 1 - Edition

Dear Parents,

We've had a fantastic start to the academic year at **Leys Farm**, filled with team-building activities designed to help our new Year 3 pupils settle in and to strengthen collaboration, resilience, and problem-solving skills across all classes.

Highlights this half term include:

- **Year 4 swimming**, where pupils have shown great progress and confidence in the water.
- Our **Year 5/6 Girls Cross Country Team**, who proudly took **7th place at Central Park** – a wonderful achievement!
- The **Year 6 residential visit to Cliffe House**, where pupils enjoyed a memorable few days of adventure and teamwork. They were a real credit to the school – well done, Year 6!

Looking ahead to next half term, we have a number of exciting events planned:

- **Parent-Teacher Meetings** will take place from **Monday 3rd November for Y4**.
- A **Maths Morning**, led by **Ms Chowdhury (Maths Lead)**, will be held on **Thursday 27th November**. This session will introduce parents to **Key Instant Recall Facts (KIRFs)** – more information and resources can be found on our school website.
- Keep an eye out for our upcoming **Christmas Events Calendar**, which will be shared soon!

MISS S. THOMAS

Packed Lunches Expectations

At LFJS, we are committed to supporting the health and wellbeing of every child. A balanced, nutritious lunch helps children concentrate, learn effectively, and stay energised throughout the school day — particularly in afternoon lessons.

To promote healthy eating habits and ensure all children can enjoy their lunch safely, we ask that all packed lunches brought from home follow the guidelines below:

Each packed lunch should contain **no more than four items** and aim to provide a **balanced mix of food groups**.

Please include:

- A source of **protein** (e.g. chicken, tuna, egg, cheese, beans, or hummus – **no nuts**).
- A source of **carbohydrates** (e.g. wholemeal bread, wrap, pasta, rice, or crackers).
- **Fruit and/or vegetables** (e.g. apple, banana, cucumber, carrot sticks, salad).
- **One dairy item** (e.g. yoghurt, cheese portion, milk-based dessert).
- **Water, milk** or weak diluted juice to drink.

Please Do Not Include:

- Sweets, chocolate bars, or confectionery.
- Fizzy or energy drinks.
- **Nuts or any products containing nuts** (to protect pupils with allergies).
- Large portions of cakes, biscuits, or crisps.

A small sweet treat such as a mini muffin, flapjack square, or yoghurt is fine as one of the four items.

Additional Tips

- Choose **wholegrain options** for added fibre and longer-lasting energy.
- Provide **child-sized portions** to avoid waste.
- Include a **variety of foods and colours** for a range of nutrients.
- Use **reusable containers** to reduce single-use packaging.

Thank you for your support in helping us encourage healthy habits for life. If you have any questions or concerns about packed lunches, please contact the school office.

OPAL (Outdoor Play and Learning)

Exciting News!

We are delighted to share that we have successfully raised the funds needed to enrol in the **OPAL (Outdoor Play and Learning)** programme. This initiative will provide fantastic opportunities for our children to stay active, use their imaginations, and develop important teamwork and collaboration skills through outdoor play.

In addition, we have received **Household Support Funding**, which we plan to use to ensure that every child has the correct school PE kit, as well as wellies or waterproofs, so they can take part in OPAL activities every day—whatever the weather!

A **Microsoft Form** will be sent out shortly to gather your thoughts and provide a little more information about the programme. Thank you for your continued support.

School Uniform and PE Kit

Please ensure your child wears the agreed school uniform and PE Kit. Further information can be found on the website within the school Information Booklet. All your child's belongings **MUST** be clearly labelled with your child's name as we have had a lot of lost property this half term.

Term Time Dates 2025 - 2026

Training days:

Friday 2nd January 2026
Monday 5th January 2026
Monday 20th April 2026
Monday 20th July 2026.

Autumn 2 – Monday 3rd November 2025 to Friday 19th December 2025
Spring 1 – Tuesday 6th January 2026 to Friday 13th February 2026
Spring 2 – Monday 23rd February 2026 to Thursday 2nd April 2026
Summer 1 - Tuesday 21st April 2026 to Friday 22nd May 2026
Summer 2 – Monday 1st June 2026 to Friday 17th July 2026.

Term Dates for 2026 to 2027

Autumn 1 – Wednesday 2nd September 2026 to Friday 23rd October 2026
Autumn 2 – Monday 2nd November 2026 to Friday 18th December 2026

***Please avoid arranging hospital, dental or optician appointments in term time or taking annual holidays.
Thank you for your support.***

Take a look at our school website: www.leysfarm.org.uk and join our @leysfarm X feed.
Our school Facebook page will be launched soon!